

Can past-life therapy heal terminal illness?

by Bill Heaney

How effective can holistic therapy be in the treatment of, so-called, terminal illness? That question has occupied Greg Branson, the director of the Helios Health Centre in London since the late 1980s, when the Aids epidemic began to attack many of his friends. There were no drugs available, so they turned to Greg to provide holistic treatment for them, which he did, and in 1992, a clinic was set up in Kings Cross with an experienced team of over 20 therapists, including a nutritionist, Chinese and Aurvedic medicine practitioners, a yoga teacher and a number of psychotherapists.

"During the dark days that followed, the clinic provided treatments that kept people going," Greg says. "We started off with high hopes that our interventions could overcome the condition but, sadly, all we were able to do was help delay the onset of the most destructive symptoms until the effective drug combinations became widely available. The human spirit just didn't seem to be strong enough to overcome this condition entirely, and I was determined to find out why."

A research trial on 50 people who were on the Helios programme was carried out by Professor Colin Francome of Middlesex University, and his report released in September 1998 concluded that: "The results of this survey show very clearly that for the participants in the programmes provided by the Helios Health Centre it does bring considerable benefit to their spirit. The medical results, too, were impressive and were markedly superior to outcomes and trends reported elsewhere, particularly with regard to mortality, rate of decline, Aids-defining illnesses and psychological health." This report was entirely ignored by the medical establishment and the funding bodies.

Since then, Helios has added other illnesses, such as cancer, Parkinson's disease and chronic depression. One therapy, that Greg devised himself, has been particularly effective in dealing with past-life karma that he believes lies behind so much serious illness. His particular form of past-life therapy is geared to help clients resolve the causes of their illness. In the early 80s, he began to develop this with the fine healer and trance medium, Maisie Besant, and they had particularly good results in halting the development of Multiple Sclerosis, though it usually took quite a time to achieve.

Greg's approach to reincarnation is quite different to the usual. In his book, "Serial Consciousness", (Eye of Gaza Press, he explains that all lives sent out from the source over time continue to function independently. They each have their own free will, which may be in conflict with the wishes of the present life. They are present minds existing on other levels of consciousness, with remnants of their Earth incarnation holding back their progress, and they need to use the current life to achieve release from these.

That means a past consciousness can be related to as a separate entity, and can therefore speak through specialist mediums to resolve any past issues to the extent that they will no longer interfere with the present life.

Research Study

Not satisfied with anecdotal evidence, Greg has launched a research programme to investigate whether this in fact the case.

"In order to establish the effectiveness of holistic treatment, for body, mind and spirit, it is necessary to provide a substantial weight of evidence, because the wide number of variables make it impossible to isolate the precise cause of any benefit achieved," Greg said of the study, which started late in 2011.

There are three people with cancer, a Parkinson's case, and many with severe mental or psychic disturbances. Greg has decided to especially concentrate on six individuals who are HIV+.

He explains: "In successful cancer cases, the orthodox world will be able to say that it could have gone into remission anyway. Where there are degenerative conditions, which will always worsen, it might be easier, but still there would be a difficulty linking our treatments to the outcome. "It is only the HIV situation, where there is hardly any incidence of the virus being totally eliminated, that we would have a case to present where the percentage of successful results is impressive."

Greg reveals an ambitious aim of the programme: "We are trying to bring about the elimination of the virus from the system."

There have been detractors. "It will only give people false hope," one person said. "You can't possibly succeed."

But Greg is not putting his therapy as an alternative to orthodox treatment, the highly active anti-retroviral therapy (HAART). At no time does he suggest or recommend that the participants stop or alter any orthodox treatment that they are undergoing. Greg only includes people on the study who have an existing spiritual

perspective, and see the treatments provided entirely as a useful part of their own self exploration.

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The Past-life Therapy

Greg uses trance mediums to bring through the past life consciousness so that it can be spoken to by him, and he then draws a higher energy down and around that spirit mind, so that it can be released from the heaviness rooted in its past, which is also lifted from the human person, who is usually present, and then the past and present minds are brought together harmoniously.

He believes that the soul uses physical illness as a conduit for karma to be worked on and released; and if it is removed without the cause being addressed, another kind of illness will have to take its place. If the block is addressed and the link broken, then the patients should recover or substantially improve in their condition – but, if the spirit cannot resolve it's issues, or the human person cannot ground the spiritual progress made, integration is not possible and the full resolution of the karma will have to be worked out through a different, probably more stressful, route.

The Study

The common thread for all treatments is at least one session of past-life therapy for each participant alongside other treatments and remedies.

Greg has used three main past-life procedures for the study:

1. The participants channel their own past-life consciousness directly;
2. The trance medium channels the past life without the participant being present;
3. The trance medium channels the past life with the participant present.

In all cases, Greg speaks to the past-life consciousness in conversation and together they address the unresolved issues being presented.

"The purpose of this study is to determine whether patients benefit from holistic treatment generally, and past-life treatment specifically," Greg explains. "It is therefore hypothesized that, following extensive treatment, patients diagnosed with a variety of conditions will show a reduction in symptoms or the complete elimination of the illness.

Forty-two people were inducted onto the study. At the end of the year, a report will be compiled. The participants first filled in a general demographic questionnaire and a complete medical history was taken.

Every three months a progress report is prepared. Clients are able to terminate the process at any stage, but only those who have been willing to continue treatment to the end of the study, or have reached an earlier definitive outcome, are considered for the report.

The final report will take into account the other treatments the client is undergoing, the difference in the varied demographics and the small sample, which are all potential confounds of the study. It will also assess the degree of probability that the holistic treatment provided was the cause of the improvement.

Preliminary Observations

"The main observation has been that the past-life therapy has not generally been fully effective on its own," Greg reveals. "Although most of the participants have reported improvements, we would contend, and are exploring, that whatever is achieved by spiritual means has to be brought down through the levels of being to become rooted in the physical experience. And sometimes there are a succession of lives or experiences that have brought about the severity of the block and these must be met in turn. Indeed we have worked on six past lives, to try and unravel the tight coil of karma.

It is a deep on-going many-faceted journey that requires intuitive sensitivity and a willingness to deal with whatever comes up into consciousness along the way. It is not a passive process. We have found it to be very time-consuming to support people through such an intricate self exploration, but we are seeing that it is well worth undertaking."

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